

## PRE-ADMISSION TESTING (PAT)

Before your surgery you will receive a call from the preadmission testing department at either Grandview or Southview Medical Center. During this call you will be interviewed about your health history and given further instructions. If further testing is required, an appointment will be made at this time. **If you do not receive a call from the PAT Department please call Grandview at 723-3352 or Southview at 401-6500.**

## BEFORE YOUR SURGERY

- ▲ **Do not eat, drink, or smoke after midnight, including water, mints, and gum** the night before your surgery. Any exceptions to this will be explained by PAT staff. Failure to follow these instructions may result in cancellation of your surgery for safety reasons.
- ▲ **Stop taking herbals and dietary supplements** two weeks before surgery or as soon as surgery is scheduled (whichever comes sooner). Please contact your doctor or physician for more specific details.

- ▲ **Stop taking diet control or obesity management medications** two weeks before surgery or as soon as surgery is scheduled (whichever comes sooner).

- ▲ **Ask your surgeon about stopping blood thinners**

(i.e. Aspirin, Ibuprofen (Motrin), Trental, Ticlid, Plavix, Persantine, Coumadin/Warfarin, etc). Also, stop anti-inflammatories such as Advil, Naprosyn, etc. Most should be stopped at least 5 days ahead. Your prescribing physician should be notified.



- ▲ If you develop a rash, fever, or cold before surgery, call your doctor.
- ▲ **Arrange for a responsible adult to drive you** to and from the hospital the day of surgery and to stay with you for 24 hours after surgery. Without such arrangements, your surgery will be cancelled.
- ▲ Do not shave the surgery site 2 days prior to surgery (applies to both male and female patients).

## PRIOR TO ARRIVAL

- ▲ **Take only blood pressure, heart and breathing medications** as instructed the day of surgery with a sip of water only. Do not take with applesauce, pudding, or thickenings. Do not take diuretics (water pills) or diabetes medications unless specifically instructed otherwise.
- ▲ Please **bring all inhalers** with you to the hospital. If you use a C-Pap, please bring.
- ▲ The hospital is not responsible and is not able to secure or store valuables.
- ▲ **Do not wear make-up, nail polish, or contact lenses** on the day of surgery. **All** piercings need to be removed, for your safety.
- ▲ Please **bring copies of your living will/medical power of attorney** with you to the hospital.
- ▲ Please **bring your insurance cards or forms and a photo I.D.** with you to the hospital.
- ▲ If you have been measured for protective devices like crutches, neck or back braces, please bring them with you to the hospital.

- ▲ **Wear loose fitting clothing.** Wear button or zipped tops for breast, arm, or shoulder surgery.
- ▲ Please remember that some time is required to prepare for surgery. You will be notified of your arrival time. Patient wait time may vary.

## UPON ARRIVAL

- ▲ **Check-in is located at the Information/Registration Desk** just inside the main entrance to the hospital.
- ▲ The **Anesthesiologist may require additional testing prior to surgery.** The Registrar will direct you to the appropriate area to have this done.
- ▲ You and your family will be directed to the waiting area.





## PRE-OP HOLDING AREA (PRE-OP)

- ▲ Once you are taken to Pre-Op, your family will remain in the waiting area until all assessments and testing are completed.
- ▲ Ensure that you have prepared a list of any questions you may have at this point. Members of the operating room staff will visit you prior to surgery.
- ▲ After all preparations are complete, a maximum of 2 family members may be permitted to visit you in Pre-Op.
- ▲ KHN is a teaching hospital, therefore it's possible residents, interns or medical students will visit you while in Pre-Op. We thank you in advance for answering any repetitive question to further their learning experience.
- ▲ Your family will be directed to a waiting area.

## POST SURGERY

- ▲ After surgery, you will be taken to recovery where you will be closely monitored and administered medication as needed for pain and nausea.
- ▲ The surgeon may meet with your family & update them on your surgery (you will speak with the surgeon at your follow-up visit).
- ▲ The recovery nurse may keep your family updated throughout your stay in recovery.

## PRIOR TO DISCHARGE

- ▲ After recovery, you will be taken to either the Short Stay area or to your hospital room, where you will be monitored, given discharge instructions, and reunited with your family.

## DISCHARGE

- ▲ If you are **given prescriptions, you may have them filled at the hospital pharmacy.** You may want to leave your insurance card and any co-pay with a family member.

## YOUR SCHEDULED HOSPITAL ARRIVAL TIME

*If you will be delayed please notify either Grandview at 723-3327 or Southview at 401-6500.*

**Grandview Medical Center**  
405 W. Grand Ave • Dayton, OH 45405

Date \_\_\_\_\_

Physician \_\_\_\_\_

Procedure \_\_\_\_\_

**Southview Medical Center**  
1997 Miamisburg-Centerville Rd • Centerville, OH 45459

Date \_\_\_\_\_

Physician \_\_\_\_\_

Procedure \_\_\_\_\_

## FOR OFFICE USE ONLY

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# PREPARATION FOR YOUR SURGERY AT GRANDVIEW AND SOUTHVIEW

## PRE-ADMISSION TESTING

